

# It's all in her head

I am **different** now.

I **forget** things.

I get **confused** a lot.

You **look** fine.

Get **over** it.

Just **deal** with it.



**I suffered a traumatic brain injury.  
You can't see it. But it's real.  
I'd like to tell you more.  
Just follow the steps below.**

**To make the poster come alive:**

**Step 1: Download the free Layar App for iPhone or Android.  
[www.layar.com/download](http://www.layar.com/download)**

**Step 2: Open App. Point phone at poster. Tap Scan. Enjoy!**



Available on the  
**App Store**

Get it on  
**Google play**



Native Women's  
Association of Canada



NATIONAL COLLABORATING CENTRE  
FOR ABORIGINAL HEALTH  
CENTRE DE COLLABORATION NATIONALE  
DE LA SANTE AUTOTONE



NWAC  
Understanding from Within Project

For more information see  
[www.nwac.ca](http://www.nwac.ca)